

# The Eco-Schools Committee are setting our school a challenge:

## Help cut down on waste and single use plastic!

**When?**

**Lunch time on Friday 22<sup>nd</sup> February**

**Who?**

**All pupils and staff**

**How?**

1. By clearing our dinner plates (eating it all!)
2. By being smart and packing a 'single use' plastic free packed lunch.



**Examples of single use plastic**



# Mae'r pwyllgor Ysgol-Eco wedi gosod sialens i'r ysgol gyfan:

## Helpwch ni leihau'r gwastraff o blastig defnydd sengl!

**Pryd?**

**Amser cinio, Dydd gwener yr 22ain o Chwefror**

**Pwy?**

**Holl ddisgyblion a staff yr ysgol**

**Sut?**

- 1. Bwyta pob tamaid o ginio ysgol (platiu glan!)**
- 2. Bod yn 'smart' a dod a pecyn bwyd hbe unrhyw fath o blasting defnydd sengl.**



**Esiampiau o blasting defnydd sengl**

**9 TIPS FOR LIVING WITH LESS PLASTIC**

- Bring your own shopping bag
- Carry a reusable water bottle
- Bring your own cup
- Pack your lunch in reusable containers
- Use reusable straws and cutlery
- Use the plastic produce bags
- Show down and drink in
- Store beverages in glass jugs
- Share those links with your friends

#REFUSE SINGLE USE #CHOOSE REUSABLES  
www.LESSPLASTIC.CO.UK

Examples of single-use plastic items:

- Maryland Minis cookies (6 mini bags)
- cling Film
- Water bottle
- Fruites
- Crisps
- Spoon
- Sandwich